

Subject code: I.4(4)	Subject name: Modern theories and practices of personality development		
Study load: 3 ECTS	Load of contact hours: 50	Study semester: Autumn	Assessment: Credit / no credit
Objectives:	The goal of this course is to create systematic understanding, practical skills and competencies in the field of modern theories of personality and technologies of its development		
Course outline:	<p>Topics covered.</p> <p>Lectures:</p> <ol style="list-style-type: none"> 1. Personality problem and her development in psychology: 2. history and modern state. Theoretical psychological basis studying personality 3. Psychoanalysis of S. Freud 4. Analytical psychology of C. G. Jung 5. Individual Psychology of A. Adler 6. Neo-Freudianism 7. Post-Freudianism 8. Classical behaviorism of J. Watson. Alternate behaviorism versions of the 20-s. XX century 9. Neo-behaviorism 10. Theories of social learning 11. Gestalt psychology 12. Humanistic psychology 13. Logotherapy V. Frankl 14. Existential psychology 15. Cognitive psychology 16. Modern personality development and self-development technologies, their common characteristics 17. Psycho-diagnosis of personality development features and teams 18. Group discussion as a modern personality development technology 19. Psychological training as a modern personality development technology 20. Temporal perspective development training and the ability to setup goals as a modern personality development technology 21. Team building and leadership trainings as a modern personality development technology 22. Role-playing game as a modern personality development technology 23. Psychological counseling as a modern personality development technology <p>Contact lessons will be divided into two parts: lectures and practical lessons.</p>		
Learning Outcomes:	By the end of the course students (in the terms of knowledge, skills, and attitudes) should be able to:		

	<p>1 – critically evaluate modern theories of personality and technologies of its development as a field of Psychology applicable the field of their future professional activities;</p> <p>2 – develop and self-develop personality of a Specialist;</p> <p>3 – study and apply of a modern theories and technologies of personality development, abilities for professional self-realization and self-improvement.</p>
Assessment Methods:	Assessment is split into two parts: tests and individual practical tasks
Teacher(s):	
Prerequisite subject(s):	None
Compulsory Literature:	<ol style="list-style-type: none"> 1. Bagadirova S.K. Istoriya psihologii / S.K. Bagadirova, A.V. Leont'eva. – Moskva : Direkt-Media, 2014. – 216 s. 2. Batyrshina A.R. Istoriya psihologii / A.R. Batyrshina. – Moskva : Flinta, 2011. – 112 s. 3. Batyrshina A.R. Istoriya psihologii : ucheb. posobie / A.R. Batyrshina. – Moskva : Flinta: Nauka, 2011. – 220 s. 4. Il'in G.L. Istoriya psihologii / G.L. Il'in. – Moskva : YUrajt, 2013. – 389 s. 5. Sobchik L.N. Psihologiya individual'nosti. Teoriya i praktika psihodiagnostiki / L.N. Sobchik. – Sankt-Peterburg : Rech', 2017. – 480 s. 6. Suhih A.V. Istoriya psihologii / A.V. Suhih, N.I. Korytchenkova – Kemerovo : Kemerovskij gosudarstvennyj universitet, 2011. – 220 s. 7. SHabel'nikov V.K. Istoriya psihologii. Psihologiya dushi. Uchebnik dlya vuzov / V.K. SHabel'nikov. – Moskva : Akad. proekt, 2013. – 400 s. 8. SHtroo V.A. Metody aktivnogo social'no-psihologicheskogo obucheniya / V.A. SHtroo. – Moskva : YUrajt, 2018. – 277 s.
Replacement Literature:	<ol style="list-style-type: none"> 1. Abdurahmanov R.A. Istoriya psihologii : idei, koncepcii, napravleniya : ucheb. posobie / R.A. Abdurahmanov. – Moskva : MPSI, 2006. – 319 s. 2. Andreeva G.M. Social'naya psihologiya : uchebnik dlya stud. vuzov / G.M. Andreeva. – Moskva : Aspekt Press, 2007. – 362 s. 3. Bendas T.V. Psihologiya liderstva : ucheb. posobie / T.V. Bendas. – Moskva [i dr.] : Piter, 2009. – 447 s. 4. Vachkov I.V. Osnovy tekhnologii gruppovogo treninga. Psihotekhniki : ucheb. posobie / I.V. Vachkov. – Moskva : Os'-89. 2000. – 223 s. 5. Vachkov I.V. Psihologiya treningovoj raboty : sodержatel'nye, organizacionnye I metodicheskie aspekty vedeniya treningovoj gruppy / I.V. Vachkov. – Moskva : EKSMO, 2007. – 414 s. 6. Vvedenie v prakticheskuyu social'nuyu psihologiyu / pod red. YU.M. ZHukova [i dr.]. – Moskva : Smysl, 1999. – 376 s. 7. Velikie psihologi. – Rostov-na-Donu : Feniks, 2000. – 576 s.

Participation requirements:	Lower limit of lectures attendance is 80%, each test and individual project must be presented by end of the course.				
Independent work:					
Grading criteria scale or the minimal level necessary for passing the subject:	<table border="1"> <tr> <td>Failed</td> <td>< 50 points</td> </tr> <tr> <td>Passed</td> <td>>= 50 points</td> </tr> </table> <p>Points distribution:</p> <p>Test on lectures: 50 points Test on practice : 50 points</p>	Failed	< 50 points	Passed	>= 50 points
Failed	< 50 points				
Passed	>= 50 points				
Information about the course:	Room ____, on ____ at ____				
	Lectures				
Date 1	Personality problem and her development in psychology: history and modern state. Theoretical psychological basis studying personality				
Date 2	Psychoanalysis of S. Freud				
Date 3	Analytical psychology of C. G. Jung				
Date 4	Individual Psychology of A. Adler				
Date 5	Neo-Freudianism				
Date 6	Post-Freudianism				
Date 7	Classical behaviorism of J. Watson. Alternate behaviorism versions of the 20-s. XX century				
Date 8	Neo-behaviorism				
Date 9	Theories of social learning				
Date 10	Gestalt psychology				
Date 11	Humanistic psychology				
Date 12	Logotherapy V. Frankl				
Date 13	Existential psychology				
Date 14	Cognitive psychology				
	Practical lessons:				
Date 1	Modern personality development and self-development technologies, their common characteristics				
Date 2	Psycho-diagnosis of personality development features and teams				
Date 3	Group discussion as a modern personality development technology				
Date 4	Psychological training as a modern personality development technology				
Date 5	Temporal perspective development training and the ability to setup goals as a modern personality development technology				
Date 6	Team building and leadership trainings as a modern personality development technology				
Date 7	Role-playing game as a modern personality development technology				
Date 8	Psychological counseling as a modern personality development technology				

Date 9	Modern personality development and self-development technologies, their common characteristics
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